

2011 FALL SPORTS TRYOUT SCHEDULE

Times and dates are subject to change- please check www.achs.net or call the Athletic Office at (781) 646-7767 or email dshine@achs.net. **Any and all candidates trying out for a fall sport must have a physical exam and an orange card on file with the Athletic Department! For your convenience, ACHS offers physical exams at AC on Tuesday, August 23, from 9am-12pm for a \$25 fee for those students in need of an updated exam.**

GIRLS' SOCCER- COACH BERMEJO (781) 729-0612

Thursday 8/25 @ Dilboyl Stadium, Rt. 16 in Somerville for the following:

- All Sophomore, Junior, and Senior candidates and returning team members tryout from 7am-10:30am

Thursday 8/25 @ Thompson School, 60 North Union St. in Arlington for the following:

- All Freshman candidates from 3pm-5pm

All students trying out must bring their own water and soccer ball. Friday's schedule will be announced to all candidates who show up Thursday. If you miss Thursday's tryout, contact the coach directly for further information.

VOLLEYBALL- COACH REIS coachreis@aol.com

Thursday 8/25 & Friday 8/26 @ AC in the gym for the following:

- All Junior and Senior candidates from 8am-11am
- All Sophomore candidates from 12pm-1:30pm
- All Freshman candidates from 2pm-3:30pm

All students must bring their own water and knee pads. Participants should enter the gym from the rear of the school. The week of Aug. 29 schedule will be announced on Friday 8/26.

BOYS' SOCCER- COACH GIESTA giesta5@verizon.net

Thursday 8/25 & Friday 8/26 @ Dallin School, 185 Florence Ave. in Arlington for the following:

- All returning players and candidates, including incoming freshmen, report from 2:30pm-5pm

All students trying out must bring their own water and soccer ball. The week of Aug. 29 schedule will be announced on Friday 8/26

BOYS' and GIRLS' CROSS COUNTRY- COACH DEMPSEY jdsvideo@aol.com

Thursday 8/25 & Friday 8/26 @ AC in the cafeteria for the following:

- All returning runners and candidates, including incoming freshmen, report at 9:30am. Practice will conclude at approximately 11am.

All students should come prepared to run and bring their own water. Participants should enter from the rear of the school.

BOYS' and GIRLS' GOLF- COACH SARMIENTO rsarmiento@achs.net

Students must sign up online by 8/15 by emailing Coach Sarmiento at rsarmiento@achs.net with name/grade/phone number/email and scores from seven attested 9-hole medal play score cards. Incoming freshmen please submit five cards with two attested scores signed by adults. Scorecards will be collected at the first tryout. All candidates will be contacted by Coach Sarmiento with details on tryout times and locations.

FOOTBALL-COACH CLIVIO sclivio@achs.net

Monday 8/22 @ AC in the locker room for the following:

- All Sophomore, Junior, and Senior returning players and candidates at 1pm for equipment issue and practice from 3pm-6pm at the Pit (24 Summer St. behind the Arlington Police Station and the Cusack Housing building)
- Tuesday 8/23 and Wednesday 8/24 non-contact practice times will be announced at Monday's practice

Monday 8/29 @ AC in the locker room for the following:

- All Freshman candidates at 10am for equipment issue and practice from 12pm-2pm at the Pit (24 Summer St. behind the Arlington Police Station and the Cusack Housing building)